

Aquatics Brochure 2014

WINTER CLOSING 2014

Learn-to-Swim



Recreation
Swim



Special Events



Team Sports



Aqua Exercise



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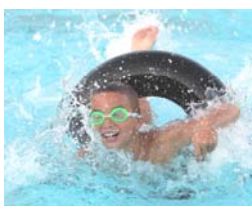
Burbank Residents Only

Aquatics Priority Registration Number

Aquatics priority registration appointment times are established from a random drawing. To register for swim lessons on May 10, 2014, Burbank residents must draw an Aquatics Registration Lottery Number prior to the Aquatics Registration.

AQUATICS REGISTRATION LOTTERY NUMBER — BURBANK RESIDENTS ONLY

*Proof of Burbank Residency will be required for all participants to obtain a lottery number



EXAMPLES OF PROOF OF RESIDENCY:

Adult participant required proof:

Driver's License or photo I.D. AND Burbank City utility bill for February, March, or April 2014.

Child participant required proof:

Birth certificate, passport, or Burbank school report card AND parent or guardian proof of residency as stated for adult participant.

**FOR MORE INFORMATION ON AQUATICS
REGISTRATION AND LOTTERY, SEE PAGES 6,7**



**CITY OF BURBANK
PARK, RECREATION,
AND COMMUNITY
SERVICES
DEPARTEMENT**

Sports & Aquatics Office

1111 W. Olive Ave
PO Box 6459
Burbank, CA
9150-6459

Office Hours:

Monday - Friday
9:00 am - 6:00 pm
Phone: 818.238.5330
Fax: 818.238.5336
www.burbankca.gov

Swimming Pools

McCambridge Park Pool
1515 N. Glenoaks Blvd.
818.238.5381
Verdugo Aquatic Facility
3201 W. Verdugo Ave.
818.238.5391

Quick Dates

| | | |
|---|--|--|
| Lottery Distribution Begins April 21 | Aquatics Priority Registration May 10 7 a.m.—noon | 1st Day of Lessons June 7 |
| Lottery Distribution Ends May 3 | Resident Online Registration (Select Classes) May 3 9:00 am | Water Carnival August 7 Doggie Splash August 17 |

Recreation Swim Information

RECREATIONAL SWIM HOURS

May 24—August 17

| Day | McCambridge Pool | Verdugo Aquatic Facility | Verdugo Activity Pool Session Times |
|-----------------|----------------------|--------------------------|--|
| Monday-Friday | 1:00 p.m.—4:00 p.m. | 11:30 a.m.—4:00 p.m. | 11:45 a.m.—1:45 p.m. 2:00 p.m.—4:00 p.m. |
| Saturday-Sunday | 12:30 p.m.—5:00 p.m. | 11:00 a.m.—6:00 p.m. | 11:15 a.m.—1:15 p.m. 1:30 p.m.—3:30 p.m. 3:45 p.m.—5:45 p.m. |

Both Pools will be closed May 27-May 29
 McCambridge Pool will be closed May 26 and July 4
 Verdugo Aquatic Facility will be open 11:00-6:00 on May 26 and July 4

RECREATIONAL SWIM FEES

| Age | Resident Daily For 50 meter pool only | Non-Resident Daily For 50 meter pool only | Additional fee for Verdugo Activity Pool per session |
|-----------------------|--|--|---|
| 2 years old and Under | Free | Free | \$2 |
| 3-17 years old | \$2 | \$5 | \$2 |
| 18-54 years old | \$4 | \$10 | \$2 |
| 55 years and over | \$3 | \$9 | \$2 |

RECREATIONAL SWIM PASSES AVAILABLE TO BURBANK RESIDENTS ONLY

Passes are per person. Passes are non-transferable and cannot be shared.

| Age | 50 meter pool only 10 visit | 50 meter pool only 30 visit | 50 meter pool only Summer |
|-------------------|--------------------------------|--------------------------------|------------------------------|
| 3-17 years old | \$18 | \$45 | \$100 |
| 18-54 years old | \$36 | \$90 | \$200 |
| 55 years and over | \$27 | \$68 | \$150 |

Summer Season Pass Discount.—Purchase 3 summer passes and receive a 25% discount. Each additional pass will be a 10% reduction. Discount only applies to passes purchased for a single household. Proof of residency required.

30 visit pass for the Verdugo Activity Pool can be purchased for \$45. This pass is transferable and can be used for anyone in your party.

Verdugo Aquatic Facility Waterslide

Water slide options:

Blue open flume slide or **Green** closed flume slide

Pool plunge area is 42 inches deep

RULES AND REGULATIONS

Compliance is mandatory.

Noncompliance with these rules will result in the rider being directed to leave the premises.

- Minimum height for riders is 47 inches
- Maximum weight for riders is 265 lbs
- Slide feet first in a sitting position or on your back only
- Only one rider at a time in each flume
- Dispatch only when directed by attendant
- Do not attempt to stop on the slide
- Keep hands inside the flume while using the slide
- Each rider must immediately leave the waterslide pool plunge area
- No person is to cause, suffer or permit rough behavior or harassment of other persons in the waterslide pool, on the flume, walkways or platforms
- Glass bottles and other articles containing glass and sharp objects are not to be carried or used within the flume, waterslide pool and its surrounds or the walkways
- Waterslide riders are not to wear any personal effects such as jewelry, grommets on swimsuit, watches, or eye glasses which are likely to result in personal injury to the rider, other riders, or cause damage to the waterslide
- No running or horseplay
- Persons are not to use the waterslide in a manner which will cause bodily injury to other slide riders
- Persons under the influence of alcohol or drugs are not permitted to use the waterslide
- Do not ride this waterslide unless your physical health is sound
- Health authorities warn that it is considered unsafe to use a waterslide:
 - If you are pregnant
 - For persons with limb or back weakness/disability
 - For persons with heart ailments
 - For persons with any condition which could predispose them to further aggravation of their pre-existing condition or injury
- Management reserves the right to refuse entry to any person at all times, ie. Where the person is under the influence of alcohol, drugs, or for any other reason considered to create a potential hazard for that rider or other persons



The City of Burbank's certificate of compliance can be found
in the aquatic office at the Verdugo Aquatic Facility



POOL RULES AND REGULATIONS

All swimmers should be fully aware of the risks and hazards inherent in participating in aquatic activities including swimming, utilization of diving boards, and use of the activity pool and waterslides. Serious accidents may occur during participation in aquatic activities and participants can suffer serious injury or death. **NO MEDICAL INSURANCE IS PROVIDED BY THE CITY OF BURBANK FOR ANY INJURIES THAT MAY OCCUR TO PARTICIPANTS DURING PARTICIPATION IN AQUATIC ACTIVITIES. ALL PARTICIPANTS PARTICIPATE IN AQUATIC ACTIVITIES AT THEIR OWN RISK.**

- Permission to use the pool will be granted upon the condition that all swimming pool rules and regulations will be followed. Permission may be revoked at any time for anyone who fails to comply with staff direction or pool rules and regulations.
- No one is permitted in the water unless a lifeguard is on duty. This refers to having a lifeguard on deck or in the lifeguard tower assigned the specific duty of observing the pool and its users.
- Children under the age of seven (7) must be actively supervised in the water by an adult (18 years of age or older), at all times. One (1) adult per child. Accompanied means holding onto or being within ten (10) feet of the child; parents may not abandon a child in the shallow end of the pool in order to swim in the deep end, dive, or sun bathe on deck.
- All patrons must shower and use the restroom facilities before entering the pool.
- Patrons entering the pool must be properly dressed in attire that is specifically designed for swimming. Lined swim suits only, no Cut-offs, basketball shorts or T-shirts. *Rash guard shirts are acceptable
- Swim diapers or swim pants must be worn by infants and children who are under 3 or are not toilet trained.
- Any person having an infectious or communicable disease or open wound is prohibited from using a public pool. This includes but is not limited to diarrhea, cold, cough, sores, wearing bandages, etc.
- Spitting, spouting water, blowing the nose, or discharging bodily wastes in the pool is strictly prohibited.
- Running, hazardous activities, boisterous or rough play, or excessive noise in the pool area, showers or dressing rooms is forbidden.
- No foreign objects are allowed in the pool, such as toys, fins, inner tubes, rocks, weapons, water wings, and kick-boards.
- Alcoholic beverages or illegal substances are prohibited.
- Food and drink must be consumed in the snack bar area. Ice chests and cooler are prohibited.
- Sitting on the side of the pool is prohibited. Spectators and sunbathers are permitted only in specifically designated areas.
- Diving in shallow water is not permitted. Jumping into the pool from the side of the pool may not be done in close proximity to patrons using the pool.
- Only one (1) person is allowed on the diving board platform at a time. Diving from the diving board is limited to feet first and single bounce off the end of the diving board.
- Deep Water Swim Test- Anyone wishing to swim in deep water must submit to a deep-water swim test. The Lifeguards will initiate this test.
- Personal floatation devices (PFD) in the swimming pool are prohibited unless U.S. Coast Guard approved. This PFD must be clearly labeled as U.S. Coast Guard Approved for the specific weight of the user.
- Dogs or other animals are prohibited in the aquatic facility and may not be left unattended or leashed outside the facility.

The City of Burbank Park, Recreation, and Community Services Department is not responsible for lost or stolen property.

Burbank Residents Only

Aquatics Priority Registration Number

Aquatics Registration Lottery Numbers are distributed during the dates and times listed below:

April 21 - May 3

Olive Recreation Center

1111 Olive Avenue

Monday - Friday 9:00 am - 9:00 pm

Saturday 9:00 - 4:30 pm

Sunday 1:00 - 4:30 pm

*Only (1) one lottery number will be issued per family or household. Lottery numbers are not needed for any Level one, Parent Child, Aquatics Exercise, Swim Team, or Water Polo courses.

Lottery Drawing for Aquatic Registration time will be conducted Monday, May 5 at 10:00 am at the Olive Recreation Center. Aquatics Registration times will be posted at City recreation centers, and on the Aquatics Registration website by 3:00 p.m. the same day.

The registration schedule will start with the first number drawn and continue sequentially. EXAMPLE: If the first number drawn is "241," that will be the first number in the sequence and all other numbers will follow in sequential order until their number is reached.

Aquatics Priority Registration for all Learn-to-Swim Classes Burbank Residents Only

(MUST HAVE OBTAINED AN AQUATICS REGISTRATION
LOTTERY NUMBER TO REGISTER)

Saturday, May 10, 2014

Community Services Building

150 N. Third Street

Beginning at 7:00 a.m.

Registration for Swim Team and Water Polo will not be accepted. Students wishing to enroll must attend the tryouts. Please see pages 12-13 for more information.

Swim Evaluations

Prior to registering for any course above level one, proof of completion of the previous level must be submitted. In lieu of the proof of completion, a swim evaluation may be completed at the Verdugo Aquatic Facility during the following days and times:

| <u>April</u> | | <u>May</u> | |
|--------------|---------|------------|-----------|
| 22 | 6-8 pm | 2 | 4:30-6 pm |
| 25 | 4-6 pm | 6 | 5-8 pm |
| 26 | 12-3 pm | 8 | 4:30-6 pm |
| 27 | 12-3 pm | | |
| 29 | 5-8 | | |

Swim Level Prerequisites

Level Two; Child Youth, Adult:

- Submerge mouth, nose, and eyes,
- Front and back floats
- Roll from front to back while floating
- Swim on front and back for five feet

Level Three: Stroke Development

- All Prerequisites to level two
- Front and back glides
- Finning and sculling on back
- Swim 25 yards continuously on front and back

Level Four: Stroke Refinement

- All prerequisites to level three
- Swim 25 yards continually with multiple laps
- Rotary breathing
- Elementary backstroke
- Dolphin kick and motion

Level Five/Six Stroke Proficiency:

- All Prerequisites to level four
- Swim freestyle, backstroke, breast stroke, side stroke, and butterfly for at least 25 yards with multiple laps

Additional Aquatic Registration

| Register Online |
|---|
| <ul style="list-style-type: none"> Parent and Child A & B |
| <ul style="list-style-type: none"> Level 1 (Child, Youth, Adult) |
| <ul style="list-style-type: none"> Aquatics Exercise |
| <ul style="list-style-type: none"> Guard Start |

NOTE: You may only register for classes participant currently qualifies for. Availability for transfers are based on space and priority. Specific times and locations for transfers are not guaranteed.



REGISTER ONLINE:

Register online for selected aquatics programs ONLY:

Residents: Saturday, May 3, 2014 starting at 9:00 a.m.

Non-Residents: Saturday, May 10, 2014 starting at 3:00 p.m.

<http://burbankparks.com>

OPEN REGISTRATION FOR BURBANK RESIDENTS AND NON-RESIDENTS

Provided space is available, Burbank residents that have not received an Aquatics Registration Lottery Number and Non Burbank Residents may register on:

Saturday, May 10, 2014

3:00-5:00 pm

Community Services Building
150 N. Third St.

BRING TO REGISTRATION:

- Proof of Completion/Swim Evaluation (if applicable)
- Completed registration form
- Cash, checks, VISA, Master Card accepted
- Make checks payable to the **City of Burbank**
- Proof of residency for adult and child (if applicable)

WALK-IN REGISTRATION—VERDUGO POOL

Provided space is available, registrations will be accepted at Verdugo Pool. Late registrations are accepted until classes are full.

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505

(818) 238-5391

Saturday, May 17, 2014

8-10 a.m.

Sunday, May 18, 2014

12-4 p.m.

REGISTRATION—ONCE LESSONS START

Provided space is available, late registration is accepted at McCambridge & Verdugo Pools. Late registrations are accepted until classes are full. Registration times are subject to change.

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504

(818) 238-5381

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505

(818) 238-5391

Every Friday at Verdugo Pool

4-7 pm

Every Monday of a new session at both pools

June 9, June 23, July 7, July 21, August 4

8-10 a.m. and 4:30-7 p.m.

CLASS REFUND POLICY

A \$10.00 refund processing fee will be assessed for each class refund. Notification of withdrawal must be given to Aquatics/Registration Staff a minimum of two (2) weeks prior to the scheduled session start date. Notification given less than two (2) weeks prior to the session start date will result in a 50% refund for each class session. A refund will not be issued after the session begins. In the event that a session is cancelled by the Park, Recreation, and Community Services Department, a full refund will be issued. No refunds will be issued for classes whose fees are under \$10 unless cancelled by the Department.

Lap Swim Program

Lap Swim Etiquette

Permission to use the swimming pool will be granted upon the condition that all swimming pool rules and regulations will be followed. Emergency training exercises may be scheduled during this program. Swimmers are required to participate in the exercise and follow staff direction. Permission may be revoked at any time for anyone who fails to comply with staff direction or pool rules and regulations.

Many patrons can enjoy either short course or long course lap swimming if all participants are courteous and considerate. To avoid conflict and make everyone's experience more enjoyable, please adhere to the following Lap Swim Etiquette:

Lane Designations

1. When the pool is busy, swim lanes will be shared.
2. Make note of lanes that contain fast, medium, and slow swimmers.
3. Select a lane compatible with your preferred swimming speed.
4. A walk-run lane may not be available during peak hours.
5. Lifeguards monitor the lanes and may alter the configuration at any time.
6. Lifeguards may assist you with selecting the appropriate lane or ask you to move if your speed is not similar to those in your lane.



Entering the Water

1. Enter the water feet first from the shallow end.
2. It is the responsibility of the swimmer entering the water to make sure the lane is clear of any other swimmers.
3. If there are swimmers approaching the wall as you are preparing to enter, wait until they have turned and started the next lap before entering the water so as not to interrupt another swimmer's progress.

Circle Swimming

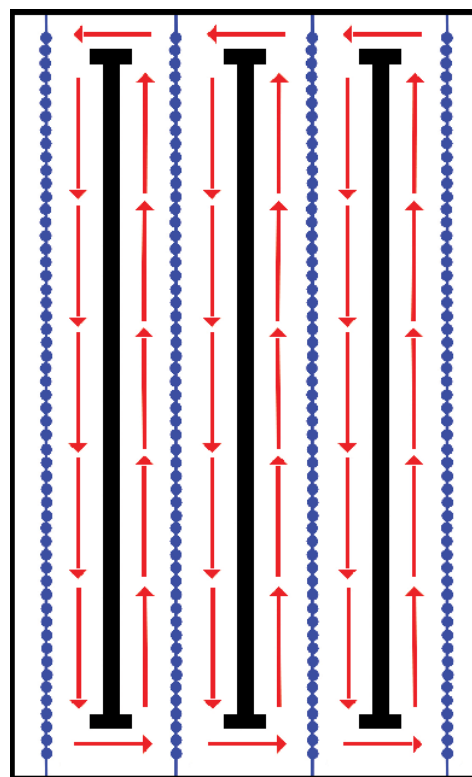
1. Swimmers are required to follow the circle swim pattern. The correct traffic pattern is to stay to the right and to swim in a counterclockwise circle in the lane (see diagram).
2. It is the responsibility of the swimmer entering the lane to be sure that all the other swimmers in that lane are aware of his/her presence and the necessary traffic pattern.
3. Always swim complete laps of the pool. Avoid stopping in the middle of the lane. This can interfere with the progress of other swimmers and cause collisions.
4. Stop only at the wall, and once stopped, stay in the corner of the lane, preferably in the left hand corner (from the perspective of the approach to the wall). Other lap swimmers need space to turn. Always leave the middle 1/3 of the wall clear for turning purposes.

Speed

1. Slower swimmers must yield to faster swimmers.
2. Be aware of your space in the lane and orientation of others. If you are approaching the wall and another lap swimmer is gaining on you while swimming at a faster rate than you are, pause at the wall to allow the faster swimmer(s) to pass you.
3. Be courteous of drafting. Provide adequate distance between you and the swimmer ahead of you.

Passing

1. Pass on the left hand side. If you are the slower swimmer and being overtaken at the turn, stop, and wait until the other swimmer has pushed off the wall.
2. A pass must be initiated in time to over-take the slower swimmer before the wall.
3. When using kickboards, please be aware of other swimmers in your lane and their needs to pass.



Circle Swim Diagram

When sharing a lane with others, keep to your RIGHT, and swim in a circular pattern as shown, above.

Lap Swim Program

Lap swim hours are subject to change without notice. Lap swim hours will be run in conjunction with other programs. Individual lanes are available for rent during select timeframes only.

Short Course is 25 yards—please note that McCambridge Pool is slightly shorter and does not have lane marking on the bottom of the pool.

Long Course is 50 meters

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)



Lap Swim Schedule for May 24-August 17

Schedule will change for August 18-December 20

Hours and course schedule are subject to change without notice

No Lap Swim on: Monday, May 26; Friday, July 4; Saturday, July 12

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------------|--|--|--|--|--|--------------------------------------|
| 7:00-10:00 a.m. Long Course VAF | 5:30-8:00 a.m. Long Course VAF | 5:30-8:00 a.m. Long Course VAF | 5:30-8:00 a.m. Long Course VAF | 5:30-8:00 a.m. Long Course VAF | 5:30-8:00 a.m. Long Course VAF | 7:00-9:00 a.m. Long Course VAF |
| | 10:00-12:30 p.m. Short Course McCamb | 10:00-12:30 p.m. Short Course McCamb | 10:00-12:30 p.m. Short Course McCamb | 10:00-12:30 p.m. Short Course McCamb | 10:00-12:30 p.m. Short Course McCamb | 9:00-11:00 Short Course McCamb |
| | 6:30-8:30 p.m. Short Course McCamb | 6:30-8:30 p.m. Short Course McCamb | 6:00-8:30 p.m. Short Course VAF | 6:00-8:30 p.m. Short Course VAF | 6:00-8:30 p.m. Short Course VAF | |

Lap Swim Fees

Lap Swim passes and fees are valid at both the McCambridge Pool and Verdugo Aquatic Facility. There is no in/out privileges on single entrance admission or per visit passes. Each entrance is considered a single visit. Passes are not transferrable.

| | Burbank Residents | Senior Burbank Resident | Non-Resident | Senior Non-Resident |
|--|-------------------|-------------------------|--------------|---------------------|
| Single Entrance | \$5 | \$3 | \$7 | \$5 |
| 10 visit pass (no expiration) | \$45 | \$27 | \$63 | \$45 |
| 30 visit pass (no expiration) | \$113 | \$68 | \$158 | \$113 |
| Monthly (unlimited within the designated month) | \$60 | \$36 | \$84 | \$60 |
| Summer (unlimited May 24—September 28; last day to purchase is July 1) | \$180 | \$108 | \$252 | \$180 |
| Annual (unlimited for 2014; last day to purchase is July 1) | \$430 | \$260 | \$555 | \$430 |

Lap Swim Program

Lane Rental

On Monday and Friday evenings lap lanes will be available to rent in half hour increments. Users will be allowed to reserve a lane no more than two weeks in advance. Users may not have more than 2 active reservations at a time. Once one reservation is used, another may be made. Reservations are taken during lap swim and registration time frames only. This program is available for recreational use only and will be offered at the Verdugo Pool. Swim passes are not accepted as valid forms of payments.

| Verdugo | Deep End |
|---------|-------------|
| Monday | 6-6:30 p.m. |
| Monday | 6:30-7 p.m. |
| Monday | 7-7:30 p.m. |
| Monday | 7:30-8 p.m. |
| Monday | 8-8:30 p.m. |

| Verdugo | Shallow End |
|---------|-------------|
| Friday | 7:30-8 p.m. |
| Friday | 8-8:30 p.m. |

| Per Lane | Per half hour |
|--------------|---------------|
| Resident | \$4.50 |
| Non-Resident | \$9.00 |



Parties & Pool Rentals

If you would like to do a birthday party during summer recreation swims, please contact:

Celebrations Plus

818.238.5319

If you would like to rent the facility for parties or special events during the off season please contact:

Sports & Aquatics Office

818.238.5330



Guard Start—Level 1 and Level 2

Ever consider being a lifeguard? Want to see what it takes to supervise a public pool? This is the perfect opportunity to see if this is for you.

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

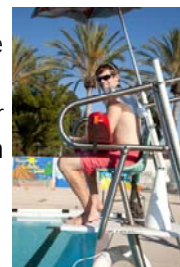
(818) 238-5381

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

(818) 238-5391

Guard Start Level 1 —Available to register on-line beginning May 3

The guard start level 1 program is aimed towards an advanced young swimmer who wants to gain experience and knowledge in the area of lifeguarding. Participants will develop basic lifeguarding skills, water safety skills and improve overall swimming. No certificates will be issued at the completion of this course. Students must either possess a Level 3 completion certificate or skill evaluation for completion of level 3. **NOTE: Completion of this program does not guarantee future employment with the City of Burbank.**



Ages: 11-13 years old

Fee: \$40 Residents, \$50 Non-Residents

Sessions: 8 one hour classes

Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|---------|------------|----------|-----------|---------|------------|----------|
| Session 1 | Mon/Wed | June 9 | July 2 | Session 3 | Mon/Wed | July 7 | July 30 |
| Session 1 | Tue/Thu | June 10 | July 3 | Session 3 | Tue/Thu | July 8 | July 31 |

Session Times:

| Time | Days | Sessions Available | | Location |
|----------------------|---------|--------------------|---|----------|
| WEEKDAYS | | | | |
| 9:00 a.m.—10:00 a.m. | Mon/Wed | 1 | 3 | McCamb |
| 9:00 a.m.—10:00 a.m. | Tue/Thu | 1 | 3 | McCamb |

Guard Start Level 2 —Available to register on-line beginning May 3

Want to be a lifeguard but not old enough to enroll in an American Red Cross Lifeguard Training course? Get a jump start on your future as a lifeguard with our guard start level 2 program! In this program you will learn prevention of aquatic incidents, fitness and swimming skills, response in an emergency, leadership skills, and professionalism as a lifeguard. Participants will have the opportunity to gain experience during our recreational swim hours. Students will be required to volunteer 10 hours during recreational swim shadowing the lifeguards. Students will also receive a shirt to wear during their volunteer hours. No certificates will be issued at the completion of this course. Students must either possess a Level 3 completion certificate or skill evaluation for completion of level 3. **NOTE: Completion of this program does not guarantee future employment with the City of Burbank.**



Ages: 14-15 years old

Fee: \$75 Residents, \$85 Non-Residents

Sessions: 16 one hour classes

Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|---------|------------|----------|-----------|---------|------------|----------|
| Session 1 | Mon-Thu | June 9 | July 3 | Session 3 | Mon-Thu | July 7 | July 31 |

Session Times:

| Time | Days | Sessions Available | | Location |
|-----------------------|---------|--------------------|---|----------|
| WEEKDAYS | | | | |
| 10:00 a.m.—11:00 a.m. | Mon-Thu | 1 | 3 | VAF |

Youth Swim Team

The youth swim team focus on honing skills in the freestyle, backstroke, breast stroke, and butterfly. Coaches also teach swimmers appropriate starts and turns for each stroke in a competitive setting. The youth swim team enables participants with qualifying race times to participate in competitive swim meets against other recreational teams throughout the summer. Participants are required to pay additional fees for swim meets and appropriate swim wear. Participants may not hold a USA Swimming Card within the last 12 months. If the participant has been on a competitive swim team (ex. BLAST here in Burbank) they do not qualify for our recreational swim team. Individual strokes will not be taught during team practice. Students wishing to learn additional strokes are encouraged to concurrently enroll in the appropriate level Learn-to-Swim class.



Students must take a swim test on Tuesday, May 20 at 7:00 p.m. at the Verdugo Aquatic Facility. Students must be able to demonstrate 50 continuous yards in both the freestyle and backstroke. It is preferred that the participants also have a working knowledge of the breast stroke and butterfly. Parents must attend a mandatory parents meeting at the same time upstairs in the Verdugo Recreation Center.

Ages: 6—14 years old
Fee: \$150 Residents, \$160 Non-Residents
Sessions: Monday-Friday 1 hour per day



McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb) (818) 238-5381
Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF) (818) 238-5391

| Time | Days | Start Date | End Date | Locations |
|---------------------|---------|------------|-----------|-----------|
| 8:30 a.m.—9:30 a.m. | Mon-Fri | June 2 | August 16 | VAF |
| 5:15 p.m.—6:15 p.m. | Mon-Fri | June 2 | August 16 | McCamb |



This youth USA Swimming (club) program is for the passionate swimmer ages 7-18 who wants to compete at a high level. This team is available to proficient swimmers that know all four competitive strokes. There are three training levels, novice, age group and senior. Depending upon which training group your swimmer is placed in, practices times/duration vary depending upon training level and run Monday-Friday from 4:30-7:00.

Call Coach Peter Lambert for more information at 818 445-5188.

Youth Water Polo Team

The Water Polo team is a recreational competitive team where participants are eligible to play in games against other recreational teams throughout the summer season. Daily practices include dry-land work outs, swim sets, and water polo fundamentals training including positioning, passing, and shooting.

Students must take a swim test on Thursday, May 22 at 7:00 p.m. at the Verdugo Aquatic Facility. Students must be able to demonstrate 50 continuous yards in both the freestyle and backstroke and the ability to tread in deep water for 1 minute. Parents must attend a mandatory parents meeting at the same time upstairs in the Verdugo Recreation Center.



Ages: 9—14 years old

Fee: \$100 Residents, \$110 Non-Residents

Sessions: Monday-Friday 1 hour per day

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

(818) 238-5391

| Time | Days | Start Date | End Date | Location |
|---------------------|---------|------------|-----------|----------|
| 4:15 p.m.—5:15 p.m. | Mon-Fri | June 2 | August 16 | VAF |

Introduction to Water Polo

This introductory course teaches young swimmers the core fundamentals of water polo. Class time is split between swimming work outs and drills for positioning, passing, shooting. Although this team is noncompetitive, this class scrimmages regularly to practice real game situations, and to just have fun.

Students must take a swim test on Thursday, May 22 at 7:00 p.m. at the Verdugo Aquatic Facility. Students must be able to demonstrate 25 continuous yards in both the freestyle and backstroke and the ability to tread in deep water for 1 minute. Parents must attend a mandatory parents meeting at the same time upstairs in the Verdugo Recreation Center.



Ages: 6—8 years old

Fee: \$65 Residents, \$75 Non-Residents

Sessions: Monday/Wednesday/Friday 45 minutes per day

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

(818) 238-5381



Special Events

TEEN NIGHT—JUNE 28

A special late-evening recreational swim event for Burbank middle school students—No Parents Allowed! There will be music, food, games, and prizes. Come out with your friends. Must show your current Burbank Middle School ID or your 5th grade final report card to verify you are in middle school.

Fee: \$5 per student

Time: 7:00-10:00 p.m.

Location: Verdugo Aquatic Facility (VAF)



DIVE IN MOVIE NIGHT—JULY 19

Come out and enjoy a night under the stars for a G-rated movie on the McCambridge Pool deck after an evening swim. Start off the evening with a swim in the pool under the lights. We will begin the movie after the sun goes down (approximately 8:30 p.m.) It's fun for the whole family at a fraction of the cost of going to the theater. Admission includes 1 small popcorn during the movie. Beverages and additional snacks available for sale.

Note: all recreational swim rules apply. Children under the age of 7 must be within arm's reach of a parent/guardian at all times. Children under 3 and those not toilet trained must wear a swim diaper.

Fee: \$5 per person—Group discount purchase 3 tickets, get one free

Time: 7:00-10:00 p.m.

Location: McCambridge Pool



WATER CARNIVAL—AUGUST 2

Come out and participate in our annual themed summer celebration at McCambridge Pool with games, races, raffles, and fun events for all ages. Tickets are available for sale beginning July 1 at both McCambridge Pool and Verdugo Aquatic Facility during recreational swim hours only. Space is limited.

Note: all recreational swim rules apply. Children under the age of 7 must be within arm's reach of a parent/guardian at all times. Children under 3 and those not toilet trained must wear a swim diaper.

Fee: 5 years old and up—\$5 per person
4 years old and under—\$3
Group discount purchase 4 tickets for \$12

Time: 6:00-8:00 p.m.

Location: McCambridge Pool



Summer 2014

DOGGIE SPLASH—AUGUST 17

What better way to end the summer aquatic season at McCambridge Pool than an afternoon at the pool with your best friend? Join us to say goodbye to summer at McCambridge as we invite all participants with friendly dogs who enjoy the water to McCambridge Pool. No humans (except lifeguards on duty) will be allowed in the pool.

NOTE: Dogs that display aggression towards patrons, staff, or other dogs will be asked to leave the facility and will not receive a refund. Owners are responsible for picking up after their dogs. Failure to do so will lead to exclusion from the event.

Fee: \$5 per dog
Proof of current license
Proof of current rabies vaccination

Time: 3:00-5:00 p.m.

Location: McCambridge Pool



FAMILY NIGHT—SEPTEMBER 27

Come out and the end of the summer season at the Verdugo Aquatic Facility. This is our final evening of recreational swim for 2014. Beverages and additional snacks available for sale.

Note: all recreational swim rules apply. Children under the age of 7 must be within arm's reach of a parent/guardian at all times. Children under 3 and those not toilet trained must wear a swim diaper.

Fee: Regular recreational swim prices.

Time: 7:00-10:00 p.m.

Location: Verdugo Aquatic Facility



LOOK FOR OUR OFF SEASON SPECIAL EVENTS COMING SOON:

October—Floating pumpkin patch

January—Polar Plunge

April—April Pool's Day

Youth Stroke Development—Drop In—Available to register for on-line beginning June 1

This class is geared for those on the recreational swim team who either need additional work on their strokes or would like to learn the basics of additional strokes. Students must be currently enrolled on the City of Burbank's Recreational Swim Team. No refunds for this class.

Ages: 13 years old and up

Fee: \$5 Residents per class, \$15 Non-Residents per class

Sessions: Sunday

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

(818) 238-5381

Session Dates and Times:

| Date | Time | Stroke | Date | Time | Stroke | Location |
|----------|-----------------|---------------|----------|------------------|---------------|----------|
| June 8 | 9:30-10:00 a.m. | Freestyle | June 8 | 10:00-10:30 a.m. | Breast Stroke | McCamb |
| June 22 | 9:30-10:00 a.m. | Butterfly | June 22 | 10:00-10:30 a.m. | Back Stroke | McCamb |
| June 29 | 9:30-10:00 a.m. | Back Stroke | June 29 | 10:00-10:30 a.m. | Freestyle | McCamb |
| July 13 | 9:30-10:00 a.m. | Breast Stroke | July 13 | 10:00-10:30 a.m. | Butterfly | McCamb |
| July 20 | 9:30-10:00 a.m. | Freestyle | July 20 | 10:00-10:30 a.m. | Breast Stroke | McCamb |
| July 27 | 9:30-10:00 a.m. | Butterfly | July 27 | 10:00-10:30 a.m. | Back Stroke | McCamb |
| August 9 | 9:30-10:00 a.m. | Back Stroke | August 9 | 10:00-10:30 a.m. | Freestyle | McCamb |

Adult Stroke Development—Drop In—Available to register for on-line beginning May 3

Join this class for one hour of stroke refinement in front crawl, back crawl, or breast stroke, depending on the month of the course offering. Each month will have a stroke specific focus, where technique will be introduced for only that stroke. These are single class offerings, where adults may drop in for one or more lessons. Instructors will cover breathing, timing, and stroke efficiency to improve on swimming with ease, power, and smoothness. Instructors will introduce drills that the swimmers can learn to continue their own improvement in these strokes. Students must be able to perform 50 yards of continuous swimming demonstrating Freestyle, back stroke, or breast stroke. No refunds for this class.

Ages: 13 years old and up

Fee: \$10 Residents per class, \$20 Non-Residents per class

Sessions: Saturdays 9:30 a.m.—10:30 a.m.

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

(818) 238-5391

Session Dates and Times:

| Date | Stroke | Location | Date | Stroke | Location | Date | Stroke | Location |
|---------|-----------|----------|---------|-------------|----------|----------|---------------|----------|
| June 14 | Freestyle | VAF | July 19 | Back Stroke | VAF | August 2 | Breast Stroke | VAF |
| June 21 | Freestyle | VAF | July 26 | Back Stroke | VAF | August 9 | Breast Stroke | VAF |
| June 28 | Freestyle | VAF | | | | | | |



Private Lessons —Available to register on-line beginning May 3

Private lessons are geared for those in level 1 and level 2 that need that one-to-one interaction with the instructor. The objective of this class is to help students feel comfortable in the water and enjoy the water safely. Students will learn to swim on their front and back, using any type of arm or leg action, and will gain ability for supported exploration at least 5 feet from the wall. Swim diapers must be worn by children who are not toilet trained. There is no skill prerequisite for this course.

Ages: 3-10 years old

Fee: \$75 Residents, \$85 Non-Residents

Sessions: 4 twenty minute lessons once a week

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

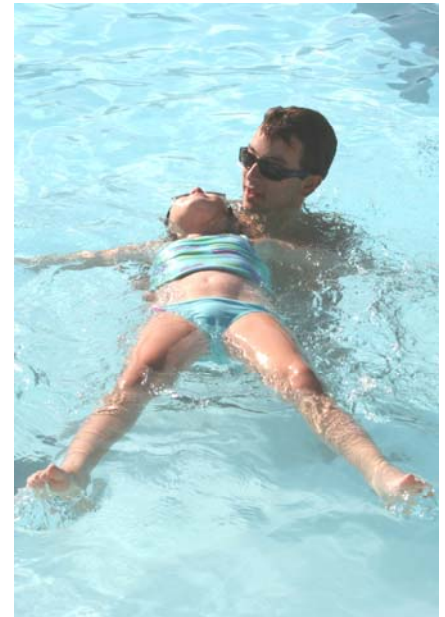
(818) 238-5391

Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|-----------------|------------|----------|-----------|---------|------------|----------|
| Session 1 | Mon/Tue/Wed/Thu | June 9 | July 3 | Session 1 | Sat/Sun | June 7 | June 29 |
| Session 3 | Mon/Tue/Wed/Thu | July 7 | July 31 | Session 3 | Sat/Sun | July 12 | Aug 3 |
| Session 5 | Mon/Tue/Wed/Thu | Aug 4 | Aug 28 | | | | |

Session Times:

| Time | Days | Sessions Available | | | Location |
|-----------------------|------|--------------------|---|---|----------|
| WEEKDAYS | | | | | |
| 9:00 a.m.—9:20 a.m. | Mon | 1 | 3 | 5 | VAF |
| 9:30 a.m.—9:50 a.m. | Mon | 1 | 3 | 5 | VAF |
| 10:00 a.m.—10:20 a.m. | Mon | 1 | 3 | 5 | VAF |
| 10:30 a.m.—10:50 a.m. | Mon | 1 | 3 | 5 | VAF |
| 4:30 p.m.—4:50 p.m. | Mon | 1 | 3 | 5 | VAF |
| 5:00 p.m.—5:20 p.m. | Mon | 1 | 3 | 5 | VAF |
| 5:30 p.m.—5:50 p.m. | Mon | 1 | 3 | 5 | VAF |
| 9:00 a.m.—9:20 a.m. | Tue | 1 | 3 | 5 | VAF |
| 9:30 a.m.—9:50 a.m. | Tue | 1 | 3 | 5 | VAF |
| 10:00 a.m.—10:20 a.m. | Tue | 1 | 3 | 5 | VAF |
| 10:30 a.m.—10:50 a.m. | Tue | 1 | 3 | 5 | VAF |
| 4:30 p.m.—4:50 p.m. | Tue | 1 | 3 | 5 | VAF |
| 5:00 p.m.—5:20 p.m. | Tue | 1 | 3 | 5 | VAF |
| 5:30 p.m.—5:50 p.m. | Tue | 1 | 3 | 5 | VAF |
| 9:00 a.m.—9:20 a.m. | Wed | 1 | 3 | 5 | VAF |
| 9:30 a.m.—9:50 a.m. | Wed | 1 | 3 | 5 | VAF |
| 10:00 a.m.—10:20 a.m. | Wed | 1 | 3 | 5 | VAF |
| 10:30 a.m.—10:50 a.m. | Wed | 1 | 3 | 5 | VAF |
| 4:30 p.m.—4:50 p.m. | Wed | 1 | 3 | 5 | VAF |
| 5:00 p.m.—5:20 p.m. | Wed | 1 | 3 | 5 | VAF |
| 5:30 p.m.—5:50 p.m. | Wed | 1 | 3 | 5 | VAF |
| 9:00 a.m.—9:20 a.m. | Thu | 1 | 3 | 5 | VAF |
| 9:30 a.m.—9:50 a.m. | Thu | 1 | 3 | 5 | VAF |
| 10:00 a.m.—10:20 a.m. | Thu | 1 | 3 | 5 | VAF |
| 10:30 a.m.—10:50 a.m. | Thu | 1 | 3 | 5 | VAF |
| 4:30 p.m.—4:50 p.m. | Thu | 1 | 3 | 5 | VAF |
| 5:00 p.m.—5:20 p.m. | Thu | 1 | 3 | 5 | VAF |
| 5:30 p.m.—5:50 p.m. | Thu | 1 | 3 | 5 | VAF |
| WEEKENDS | | | | | |
| 9:00 a.m.—9:20 a.m. | Sat | 1 | 3 | | VAF |
| 9:30 a.m.—9:50 a.m. | Sat | 1 | 3 | | VAF |
| 10:00 a.m.—10:20 a.m. | Sat | 1 | 3 | | VAF |
| 9:00 a.m.—9:20 a.m. | Sun | 1 | 3 | | VAF |
| 9:30 a.m.—9:50 a.m. | Sun | 1 | 3 | | VAF |
| 10:00 a.m.—10:20 a.m. | Sun | 1 | 3 | | VAF |



Parent and Child level A —Available to register on-line beginning May 3

This class is designed to get young children introduced to an aquatic environment by emphasizing a fun experience in the water. In addition to introductory skills to improve comfort in the water and swimming readiness, safety skills and cues will also be covered. All children must have one-on-one adult supervision at all times. Swim diapers must be worn by children.

Note classes cancelled due to unforeseen circumstances will be made up on a Friday. Date will be announced in class.

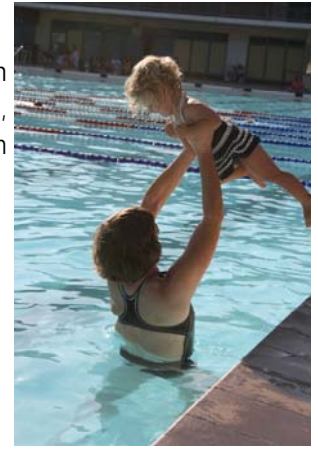
Ages: 6 months—36 months

Fee: \$30 Residents, \$40 Non-Residents

Session: 8 half hour classes

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)



Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|---------|------------|----------|-----------|---------|------------|----------|
| Session 1 | Mon/Wed | June 9 | July 2 | Session 3 | Mon/Wed | July 7 | July 30 |
| Session 1 | Tue/Thu | June 10 | July 3 | Session 3 | Tue/Thu | July 8 | July 31 |
| Session 1 | Sat/Sun | June 7 | June 29 | Session 3 | Sat/Sun | July 12 | Aug 3 |
| Session 1 | Sat | June 14 | Aug 9 | | | | |
| Session 1 | Sun | June 15 | Aug 10 | | | | |

Session Times:

| Time | Days | Sessions Available | | Locations | |
|-----------------------|---------|--------------------|---|-----------|-----|
| Weekdays | | | | | |
| 9:15 a.m.—9:45 a.m. | Mon/Wed | 1 | 3 | McCamb | VAF |
| 9:15 a.m.—9:45 a.m. | Tue/Thu | 1 | 3 | McCamb | |
| 10:00 a.m.—10:30 a.m. | Mon/Wed | 1 | 3 | McCamb | |
| 10:00 a.m.—10:30 a.m. | Tue/Thu | 1 | 3 | McCamb | |
| 10:45 a.m.—11:15 a.m. | Mon/Wed | 1 | 3 | | VAF |
| 12:15 p.m.—12:45 p.m. | Mon/Wed | 1 | 3 | McCamb | VAF |
| 12:15 p.m.—12:45 p.m. | Tue/Thu | 1 | 3 | McCamb | |
| 4:15 p.m.—4:45 p.m. | Mon/Wed | 1 | 3 | | |
| 4:15 p.m.—4:45 p.m. | Tue/Thu | 1 | 3 | | |
| 5:00 p.m.—5:30 p.m. | Mon/Wed | 1 | 3 | McCamb | |
| 5:00 p.m.—5:30 p.m. | Tue/Thu | 1 | 3 | McCamb | |
| Weekends | | | | | |
| 9:00 a.m.—9:30 a.m. | Sat/Sun | 1 | 3 | McCamb | |
| 9:45 a.m.—10:15 a.m. | Sat/Sun | 1 | 3 | McCamb | |
| 10:30 a.m.—11:00 a.m. | Sat/Sun | 1 | 3 | McCamb | |
| 10:30 a.m.—11:00 a.m. | Sat | 1 | | McCamb | |
| 10:30 a.m.—11:00 a.m. | Sun | 1 | | McCamb | |
| 11:15 a.m.—11:45 a.m. | Sat/Sun | 1 | 3 | McCamb | |
| 11:15 a.m.—11:45 a.m. | Sat | 1 | | McCamb | |
| 11:15 a.m.—11:45 a.m. | Sun | 1 | | McCamb | |

Fall Sessions will begin in mid August. Please look for our Fall schedule of classes.



Parent and Child level B —Available to register on-line beginning May 3

With adult supervision and aid, this class will teach children introductory swim and water safety skills similar to our Level 1 course. For children who have had limited exposure to aquatic environments, this class will work on improving skills and comfort in the water. The class is also designed for children who are not quite tall enough for the Level 1 course but have the ability to learn the same skills. The goal of the class is for the child to learn basic independent swim skills, such as floating, gliding, and combined arm and leg movement with forward progression at least 5 feet from the wall. This class requires one-on-one adult supervision at all times. Swim diapers must be worn by children who are not toilet trained.



Note classes cancelled due to unforeseen circumstances will be made up on a Friday. Date will be announced in class.

Ages: 3-5 years old

Fee: \$30 Residents, \$40 Non-Residents

Session: 8 half hour classes

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|---------|------------|----------|-----------|---------|------------|----------|
| Session 1 | Mon/Wed | June 9 | July 2 | Session 3 | Mon/Wed | July 7 | July 30 |
| Session 1 | Tue/Thu | June 10 | July 3 | Session 3 | Tue/Thu | July 8 | July 31 |
| Session 1 | Sat/Sun | June 7 | June 29 | Session 3 | Sat/Sun | July 12 | Aug 3 |
| Session 1 | Sat | June 14 | Aug 9 | | | | |
| Session 1 | Sun | June 15 | Aug 10 | | | | |

Session Times:

| Time | Days | Sessions Available | | Locations | |
|-----------------------|---------|--------------------|---|-----------|-----|
| Weekdays | | | | | |
| 8:30 a.m.—9:00 a.m. | Mon/Wed | 1 | 3 | | VAF |
| 8:30 a.m.—9:00 a.m. | Tue/Thu | 1 | 3 | | VAF |
| 10:00 a.m.—10:30 a.m. | Mon/Wed | 1 | 3 | McCamb | |
| 10:00 a.m.—10:30 a.m. | Tue/Thu | 1 | 3 | McCamb | |
| 12:15 p.m.—12:45 p.m. | Mon/Wed | 1 | 3 | McCamb | |
| 12:15 p.m.—12:45 p.m. | Tue/Thu | 1 | 3 | McCamb | |
| 5:00 p.m.—5:30 p.m. | Mon/Wed | 1 | 3 | McCamb | VAF |
| 5:00 p.m.—5:30 p.m. | Tue/Thu | 1 | 3 | McCamb | VAF |
| 5:45 p.m.—6:30 p.m. | Tue/Thu | 1 | 3 | McCamb | |
| Weekends | | | | | |
| 9:00 a.m.—9:30 a.m. | Sat/Sun | 1 | 3 | McCamb | |
| 9:45 a.m.—10:15 a.m. | Sat/Sun | 1 | 3 | McCamb | |
| 10:30 a.m.—11:00 a.m. | Sat/Sun | 1 | 3 | McCamb | |
| 9:00 a.m.—9:30 a.m. | Sat | 1 | | McCamb | |
| 9:00 a.m.—9:30 a.m. | Sun | 1 | | McCamb | |
| 11:15 a.m.—11:45 a.m. | Sat/Sun | 1 | 3 | McCamb | |
| 9:45 a.m.—10:15 a.m. | Sat | 1 | | McCamb | |
| 9:45 a.m.—10:15 a.m. | Sun | 1 | | McCamb | |

Fall Sessions will begin in mid August. Please look for our Fall schedule of classes.

Learn to Swim Level 1 —Available to register on-line beginning May 3

Child Classes—Ages 3-7 years old and 36 inches to the chin

The Level 1 program is constructed to build introductory swim and water safety skills for participants while promoting comfort and enjoyment in the water. Students will learn to swim on their front and back, including floating, gliding, and combined arm and leg movement with forward progression at least 5 feet from the wall. The instructor will aid participants while working up to independence in skills. Swim diapers must be worn by children who are not toilet trained. There is no skill prerequisite for this course.

Note classes cancelled due to unforeseen circumstances will be made up on a Friday. Date will be announced in class.

Ages: Child, Youth, Adult

Fee: \$30 Residents, \$40 Non-Residents

Sessions: 8 half hour classes

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

(818) 238-5381

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

(818) 238-5391



Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|----------|------------|----------|-----------|----------|------------|----------|
| Session 1 | Mon-Thur | June 9 | June 19 | Session 3 | Mon-Thur | July 7 | July 17 |
| Session 1 | Sat/Sun | June 7 | June 29 | Session 3 | Sat/Sun | July 12 | Aug 3 |
| Session 1 | Sat | June 14 | Aug 9 | Session 4 | Mon-Thu | July 21 | July 31 |
| Session 1 | Sun | June 15 | Aug 10 | Session 5 | Mon-Thu | Aug 4 | Aug 14 |
| Session 2 | Mon-Thur | June 23 | July 3 | | | | |

Session Times:

| Time | Days | Sessions Available | | | | | Locations | |
|-----------------------|---------|--------------------|---|---|---|---|-----------|-----|
| WEEKDAYS | | | | | | | | |
| 8:30 a.m.—9:00 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 9:15 a.m.—9:45 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |
| 10:00 a.m.—10:30 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |
| 10:45 a.m.—11:15 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |
| 11:30 a.m.—12:00 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 12:15 p.m.—12:45 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 4:15 p.m.—4:45 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |
| 5:00 p.m.—5:30 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |
| 5:45 p.m.—6:15 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |
| 6:30 p.m.—7:00 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| WEEKENDS | | | | | | | | |
| 9:00 a.m.—9:30 a.m. | Sat/Sun | 1 | | 3 | | | | VAF |
| 9:45 a.m.—10:15 a.m. | Sat/Sun | 1 | | 3 | | | McCamb | |
| 9:45 a.m.—10:15 a.m. | Sat | 1 | | | | | | VAF |
| 9:45 a.m.—10:15 a.m. | Sun | 1 | | | | | | VAF |
| 10:30 a.m.—11:00 a.m. | Sat/Sun | 1 | | 3 | | | McCamb | |
| 11:15 a.m.—11:45 a.m. | Sat/Sun | 1 | | 3 | | | McCamb | |
| 11:15 a.m.—11:45 a.m. | Sat | 1 | | | | | McCamb | |
| 11:15 a.m.—11:45 a.m. | Sun | 1 | | | | | McCamb | |

Fall Sessions will begin in mid August. Please look for our Fall schedule of classes.

Learn to Swim Level 1 —Available to register on-line beginning May 3

Youth Classes—Ages 8-12 years old

The Level 1 program is constructed to build introductory swim and water safety skills for participants while promoting comfort and enjoyment in the water. Students will learn to swim on their front and back, including floating, gliding, and combined arm and leg movement with forward progression at least 5 feet from the wall. The instructor will aid participants while working up to independence in skills. There is no skill prerequisite for this course.

Note classes cancelled due to unforeseen circumstances will be made up on a Friday. Date will be announced in class.

Ages: Child, Youth, Adult

Fee: \$30 Residents, \$40 Non-Residents

Sessions: 8 half hour classes

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

(818) 238-5381

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

(818) 238-5391



Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|----------|------------|----------|-----------|----------|------------|----------|
| Session 1 | Mon-Thur | June 9 | June 19 | Session 3 | Mon-Thur | July 7 | July 17 |
| Session 1 | Sat/Sun | June 7 | June 29 | Session 3 | Sat/Sun | July 12 | Aug 3 |
| Session 1 | Sat | June 14 | Aug 9 | Session 4 | Mon-Thu | July 21 | July 31 |
| Session 1 | Sun | June 15 | Aug 10 | Session 5 | Mon-Thu | Aug 4 | Aug 14 |
| Session 2 | Mon-Thur | June 23 | July 3 | | | | |

Session Times:

| Time | Days | Sessions Available | | | | | Locations | |
|-----------------------|---------|--------------------|---|---|---|---|-----------|-----|
| WEEKDAYS | | | | | | | | |
| 8:30 a.m.—9:00 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 9:15 a.m.—9:45 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 10:00 a.m.—10:30 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |
| 10:45 a.m.—11:15 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |
| 11:30 a.m.—12:00 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 12:15 p.m.—12:45 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 4:15 p.m.—4:45 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 5:00 p.m.—5:30 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 5:45 p.m.—6:15 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |
| 6:15 p.m.—6:45 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | | VAF |
| 6:30 p.m.—7:00 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 7:00 p.m.—7:30 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | | VAF |
| 7:15 p.m.—7:45 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |

WEEKENDS

| | | | | |
|-----------------------|---------|---|---|--------|
| 9:00 a.m.—9:30 a.m. | Sat/Sun | 1 | 3 | McCamb |
| 9:45 a.m.—10:15 a.m. | Sat/Sun | 1 | 3 | McCamb |
| 10:30 a.m.—11:00 a.m. | Sat | 1 | | McCamb |
| 10:30 a.m.—11:00 a.m. | Sun | 1 | | McCamb |

Learn to Swim Level 2 —Proof of passing Level 1 or passing swim evaluation for level 2 required

Child Classes—Ages 4-7 years old and passed level 1 or equivalent assessment

The Level 2 program is constructed to give students success with fundamental swimming skills. Students will learn to swim on their front, back, and side using alternating and simultaneous arm and leg action with independent forward progression at least 15 feet from the wall. This course will prepare students for swimming 25 yards across the width of the pool, with the instructor providing aid until the student builds endurance for completing the skill independently.

Note classes cancelled due to unforeseen circumstances will be made up on a Friday. Date will be announced in class.

Ages: Child, Youth, Adult

Fee: \$30 Residents, \$40 Non-Residents

Sessions: 8 half hour classes

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

(818) 238-5381

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

(818) 238-5391

Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|----------|------------|----------|-----------|---------|------------|----------|
| Session 1 | Mon-Thur | June 9 | June 19 | Session 4 | Mon-Thu | July 21 | July 31 |
| Session 2 | Mon-Thur | June 23 | July 3 | Session 5 | Mon-Thu | Aug 4 | Aug 14 |
| Session 3 | Mon-Thur | July 7 | July 17 | | | | |

Session Times:

| Time | Days | Sessions Available | | | | | Locations |
|-----------------------|---------|--------------------|---|---|---|---|------------|
| WEEKDAYS | | | | | | | |
| 8:30 a.m.—9:00 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | VAF |
| 9:15 a.m.—9:45 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb VAF |
| 10:00 a.m.—10:30 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | VAF |
| 10:45 a.m.—11:15 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb VAF |
| 4:15 p.m.—4:45 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb VAF |
| 5:00 p.m.—5:30 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb VAF |
| 5:45 p.m.—6:15 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | VAF |

Testing requirements—See page 6 for testing dates and times



Learn to Swim Level 2 —Proof of passing Level 1 or passing swim evaluation for level 2 required

Youth Classes—Ages 8-12 years old and passed level 1 or equivalent assessment

The Level 2 program is constructed to give students success with fundamental swimming skills. Students will learn to swim on their front, back, and side using alternating and simultaneous arm and leg action with independent forward progression at least 15 feet from the wall. This course will prepare students for swimming 25 yards across the width of the pool, with the instructor providing aid until the student builds endurance for completing the skill independently.

Note classes cancelled due to unforeseen circumstances will be made up on a Friday. Date will be announced in class.

Ages: Child, Youth, Adult

Fee: \$30 Residents, \$40 Non-Residents

Sessions: 8 half hour classes



McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

(818) 238-5381

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

(818) 238-5391

Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|----------|------------|----------|-----------|----------|------------|----------|
| Session 1 | Mon-Thur | June 9 | June 19 | Session 3 | Mon-Thur | July 7 | July 17 |
| Session 1 | Sat/Sun | June 7 | June 29 | Session 3 | Sat/Sun | July 12 | Aug 3 |
| Session 1 | Sat | June 14 | Aug 9 | Session 4 | Mon-Thu | July 21 | July 31 |
| Session 1 | Sun | June 15 | Aug 10 | Session 5 | Mon-Thu | Aug 4 | Aug 14 |
| Session 2 | Mon-Thur | June 23 | July 3 | | | | |

Session Times:

| Time | Days | Sessions Available | | | | | Locations | |
|-----------------------|---------|--------------------|---|---|---|---|-----------|-----|
| WEEKDAYS | | | | | | | | |
| 8:30 a.m.—9:00 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |
| 9:15 a.m.—9:45 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 10:00 a.m.—10:30 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 10:45 a.m.—11:15 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 11:30 a.m.—12:00 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 12:15 p.m.—12:45 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 4:15 p.m.—4:45 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 5:00 p.m.—5:30 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 5:45 p.m.—6:15 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | | VAF |
| 6:30 p.m.—7:00 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 7:15 p.m.—7:45 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| WEEKENDS | | | | | | | | |
| 9:00 a.m.—9:30 a.m. | Sat/Sun | 1 | | 3 | | | McCamb | |
| 9:00 a.m.—9:30 a.m. | Sat | 1 | | | | | McCamb | |
| 9:00 a.m.—9:30 a.m. | Sun | 1 | | | | | McCamb | |
| 9:45 a.m.—10:15 a.m. | Sat/Sun | 1 | | 3 | | | McCamb | |

Learn to Swim Level 3 —Proof of passing Level 2 or passing swim evaluation for level 3 required

The level 3 class builds on the skills learned in Level 2, working towards gaining endurance to swim 25 yards continuously using front and back crawl. Students will learn breathing and timing for front and back crawl, as well as introductory leg movements for butterfly and side stroke. Arm and leg movements for elementary backstroke, diving, and treading water will also be instructed.



Note classes cancelled due to unforeseen circumstances will be made up on a Friday. Date will be announced in class.

Ages: 7—14 years old

Fee: \$30 Residents, \$40 Non-Residents

Sessions: 8 half hour classes

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

(818) 238-5381

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

(818) 238-5391

Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|----------|------------|----------|-----------|----------|------------|----------|
| Session 1 | Mon-Thur | June 9 | June 19 | Session 4 | Mon-Thur | July 21 | July 31 |
| Session 2 | Mon-Thur | June 23 | July 3 | Session 5 | Mon-Thur | Aug 4 | Aug 14 |
| Session 3 | Mon-Thur | July 7 | July 17 | | | | |

Session Times:

| Time | Days | Sessions Available | | | | | Locations | |
|-----------------------|---------|--------------------|---|---|---|---|-----------|-----|
| WEEKDAYS | | | | | | | | |
| 8:30 a.m.—9:00 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |
| 9:15 a.m.—9:45 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 10:00 a.m.—10:30 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |
| 10:45 a.m.—11:15 a.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |
| 11:30 a.m.—12:00 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | |
| 4:15 p.m.—4:45 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | | VAF |
| 5:00 p.m.—5:30 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | | VAF |
| 5:45 p.m.—6:15 p.m. | Mon-Thu | 1 | 2 | 3 | 4 | 5 | McCamb | VAF |



Learn to Swim Level 4 —Proof of passing Level 3 or passing swim evaluation for level 4 required

The objective of level 4 is to develop confidence in all strokes. Instruction for sidestroke, breast stroke, and butterfly will be provided. Students will gain the ability to demonstrate each stroke at a fundamental level for at least 25 yards. Skills in diving and treading water will also be developed.

Note classes cancelled due to unforeseen circumstances will be made up on a Friday. Date will be announced in class.

Ages: 7—14 years old

Fee: \$30 Residents, \$40 Non-Residents

Sessions: 8 half hour classes

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

(818) 238-5381

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

(818) 238-5391

Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|----------|------------|----------|-----------|----------|------------|----------|
| Session 1 | Mon-Thur | June 9 | June 19 | Session 4 | Mon-Thur | July 21 | July 31 |
| Session 2 | Mon-Thur | June 23 | July 3 | Session 5 | Mon-Thur | Aug 4 | Aug 14 |
| Session 3 | Mon-Thur | July 7 | July 17 | | | | |

Session Times:

| Time | Days | Sessions Available | Locations |
|-----------------------|----------|--------------------|------------|
| WEEKDAYS | | | |
| 8:30 a.m.—9:00 a.m. | Mon-Thur | 1 2 3 4 5 | VAF |
| 9:15 a.m.—9:45 a.m. | Mon-Thur | 1 2 3 4 5 | VAF |
| 10:00 a.m.—10:30 a.m. | Mon-Thur | 1 2 3 4 5 | VAF |
| 10:45 a.m.—11:15 a.m. | Mon-Thur | 1 2 3 4 5 | McCamb VAF |
| 11:30 a.m.—12:00 p.m. | Mon-Thur | 1 2 3 4 5 | McCamb |
| 4:15 p.m.—4:45 p.m. | Mon-Thur | 1 2 3 4 5 | McCamb |
| 5:00 p.m.—5:30 p.m. | Mon-Thur | 1 2 3 4 5 | VAF |

Learn to Swim Level 5/Level 6 —Proof of passing Level 4 or passing swim evaluation for level 5 required

The level 5/6 class provides further coordination and refines the strokes so students can swim with ease, efficiency, power, and smoothness over greater distances. Students will be able to swim using front crawl, back crawl, breaststroke, elementary backstroke, and butterfly using arms, legs, breathing, and timing. Instruction for open turns and flip turns will also be provided.

Note classes cancelled due to unforeseen circumstances will be made up on a Friday. Date will be announced in class.

Ages: 8—14 years old

Fee: \$30 Residents, \$40 Non-Residents

Sessions: 8 half hour classes

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

(818) 238-5381

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

(818) 238-5391

Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|----------|------------|----------|-----------|----------|------------|----------|
| Session 1 | Mon-Thur | June 9 | June 19 | Session 4 | Mon-Thur | July 21 | July 31 |
| Session 2 | Mon-Thur | June 23 | July 3 | Session 5 | Mon-Thur | Aug 4 | Aug 14 |
| Session 3 | Mon-Thur | July 7 | July 17 | | | | |

Session Times:

| Time | Days | Sessions Available | Locations |
|-----------------------|----------|--------------------|------------|
| WEEKDAYS | | | |
| 10:45 a.m.—11:15 a.m. | Mon-Thur | 1 2 3 4 5 | VAF |
| 4:15 p.m.—4:45 p.m. | Mon-Thur | 1 2 3 4 5 | McCamb VAF |

Adult Learn to Swim Classes—Level 1 and Level 2

Ages: Teen/Adult (13 years and up)

Fee: \$30 Residents, \$40 Non-Residents

Sessions: 8 half hour classes

McCambridge Pool, 1515 North Glenoaks Boulevard, 91504 (McCamb)

(818) 238-5381

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

(818) 238-5391

Learn to Swim Level 1 —Available to register on-line beginning May 3

The Level 1 program is constructed to build introductory swim and water safety skills for participants while promoting comfort and enjoyment in the water. Students will learn to swim on their front and back, including floating, gliding, and combined arm and leg movement with forward progression at least 5 feet from the wall. The instructor will aid participants while working up to independence in skills. There is no skill prerequisite for this course.

Note classes cancelled due to unforeseen circumstances will be made up on a Friday. Date will be announced in class.

Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|---------|------------|----------|-----------|---------|------------|----------|
| Session 1 | Mon/Wed | June 9 | July 2 | Session 3 | Mon/Wed | July 7 | July 30 |
| Session 1 | Tue/Thu | June 10 | July 3 | Session 3 | Tue/Thu | July 8 | July 31 |

Session Times:

| Time | Days | Sessions Available | | Location |
|---------------------|---------|--------------------|---|----------|
| WEEKDAYS | | | | |
| 6:30 p.m.—7:00 p.m. | Mon/Wed | 1 | 3 | McCamb |
| 6:30 p.m.—7:00 p.m. | Tue/Thu | 1 | 3 | McCamb |
| 7:15 p.m.—7:45 p.m. | Mon/Wed | 1 | 3 | McCamb |
| 7:15 p.m.—7:45 p.m. | Tue/Thu | 1 | 3 | McCamb |
| 7:45 p.m.—8:15 p.m. | Mon/Wed | 1 | 3 | VAF |
| 7:45 p.m.—8:15 p.m. | Tue/Thu | 1 | 3 | VAF |
| 8:00 p.m.—8:30 p.m. | Mon/Wed | 1 | 3 | McCamb |
| 8:00 p.m.—8:30 p.m. | Tue/Thu | 1 | 3 | McCamb |

Learn to Swim Level 2 —Proof of passing Level 1 or passing swim evaluation for level 2 required

The Level 2 program is constructed to give students success with fundamental swimming skills. Students will learn to swim on their front, back, and side using alternating and simultaneous arm and leg action with independent forward progression at least 15 feet from the wall. This course will prepare students for swimming 25 yards across the width of the pool, with the instructor providing aid until the student builds endurance for completing the skill independently.

Note classes cancelled due to unforeseen circumstances will be made up on a Friday. Date will be announced in class.

Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|---------|------------|----------|-----------|---------|------------|----------|
| Session 1 | Mon/Wed | June 9 | July 2 | Session 3 | Mon/Wed | July 7 | July 30 |
| Session 1 | Tue/Thu | June 10 | July 3 | Session 3 | Tue/Thu | July 8 | July 31 |

Session Times:

| Time | Days | Sessions Available | | Location |
|---------------------|---------|--------------------|---|----------|
| WEEKDAYS | | | | |
| 6:30 p.m.—7:00 p.m. | Mon/Wed | 1 | 3 | McCamb |
| 6:30 p.m.—7:00 p.m. | Tue/Thu | 1 | 3 | McCamb |
| 7:15 p.m.—7:45 p.m. | Mon/Wed | 1 | 3 | McCamb |
| 7:15 p.m.—7:45 p.m. | Tue/Thu | 1 | 3 | McCamb |
| 7:45 p.m.—8:15 p.m. | Mon/Wed | 1 | 3 | VAF |
| 7:45 p.m.—8:15 p.m. | Tue/Thu | 1 | 3 | VAF |
| 8:00 p.m.—8:30 p.m. | Mon/Wed | 1 | 3 | McCamb |
| 8:00 p.m.—8:30 p.m. | Tue/Thu | 1 | 3 | McCamb |

Aqua Fitness Classes—Available to register for on-line beginning May 3

Aqua-Trim: Torch Fat with this heart-pumping session. Super-Charge your Metabolism and improve your cardiovascular fitness with this high energy workout. Tone and Strengthen Muscles using water weights and noodles. Gain flexibility with Full Range of Motion Movement. **TRANSFORM YOUR BODY WHILE WE HAVE FUN IN THE SUN!**

Aqua Weights and Noodles are provided.

Aqua-Trim Senior: Same great Aqua Trim class... a bit less intense for those 55 and over.

Gain Tone, Strength, Endurance and Cardio Fitness. Increase flexibility for sore joints in a VERY LOW IMPACT environment. *Arthritis Foundation* certified instructor.

Aqua Weights and Noodles provided.

Aqua Zumba: Choreographed to today's pop hits! Integrating the Zumba formula and philosophy with traditional aquatic fitness disciplines. This class blends it all together into a party-like safe, challenging, and FUN water based workout that is cardio-conditioning and body-toning.

JUST ADD WATER AND SHAKE!

Ages: 16 years old and up (Aqua-Trim Seniors must be 55 years old and up)

Fee: see below; non-residents add \$10 per class. Purchase one class at full price and receive \$10 off additional classes. Classes must be taken in the same session.

Verdugo Aquatic Facility, 3201 West Verdugo Avenue, 91505 (VAF)

(818) 238-5391

Session Dates:

| Session | Days | Start Date | End Date | Session | Days | Start Date | End Date |
|-----------|---------|------------|----------|-----------|---------|------------|----------|
| Session 1 | Mon-Wed | June 2 | July 9 | Session 3 | Mon-Wed | July 21 | Aug 25 |
| Session 1 | Thu-Sat | May 30 | July 19 | Session 3 | Thu-Sat | July 24 | Aug 23 |

Session Times:

| Class Title | Day | Fee | Time | Sessions Available | | Location |
|------------------|-----|------|-----------------------|--------------------|---|----------|
| Aqua Trim | Mon | \$45 | 6:30 p.m.—7:30 p.m. | 1 | 3 | VAF |
| Aqua Trim-Senior | Tue | \$45 | 10:00 a.m.—11:00 a.m. | 1 | 3 | VAF |
| Aqua Trim | Tue | \$45 | 6:30 p.m.—7:30 p.m. | 1 | 3 | VAF |
| Aqua Trim | Wed | \$45 | 6:30 p.m.—7:30 p.m. | 1 | 3 | VAF |
| Aqua Trim-Senior | Thu | \$40 | 10:00 a.m.—11:00 a.m. | 1 | 3 | VAF |
| Aqua Trim | Thu | \$45 | 6:30 p.m.—7:30 p.m. | 1 | 3 | VAF |
| Aqua Zumba | Fri | \$35 | 6:30 p.m.—7:15 p.m. | 1 | 3 | VAF |
| Aqua Trim | Sat | \$40 | 9:30 a.m.—10:30 a.m. | 1 | 3 | VAF |

There are no classes on the following dates:

Friday, June 13—Saturday, June 14

Thursday, July 3—Saturday, July 5

Saturday, July 12—Friday, July 18

Fall Sessions will begin in September. Please look for our Fall schedule of classes.



Fall Programming

Things to look for!

Fall Swim Lessons

Level one

Parent and Child

Aquatics Exercise

Master's Swim Team

Lifeguard Class

Floating Pumpkin Patch

Polar Plunge

April Pool's Day

